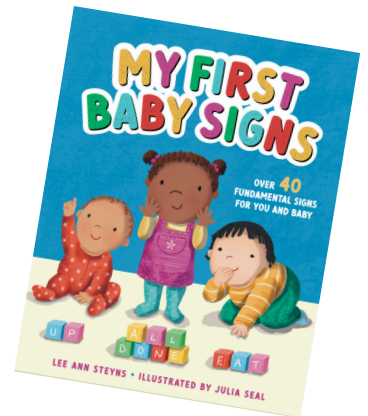


Beginner Baby Signing Course

with **Lee Ann Steyns** on  **kinedu**



I'm Lee Ann!



- Baby Signing expert instructor on Kinedu
- Mom of 2
- Author of [My First Baby Signs](#) book
- Creator and Instructor at Signing Babies
- Former preschool teacher and director of children's programs

In week 5 we covered:

1. The benefits of play in childhood development
2. Using signs at playtime
3. How to present signs at playtime
4. 6 playtime signs
5. Songs to practice signs

THE BENEFITS OF PLAY IN CHILD DEVELOPMENT



While playing, children learn and develop important skills they will continue to use throughout their lifetime.

Some of these important skills include:

- Problem solving
- Creativity
- Willingness to take risks
- Social-emotional skills

SOLO PLAY

Children first learn to use their imagination and ‘play pretend’ in safe environments, which allows them to learn about their **emotions**, what **interests them**, and how to **adapt** to situations.

CO-PLAY

Then children play with other children, which gives them the opportunity to learn how to **interact with others** and **behave** in various social situations.

USING SIGNS AT PLAYTIME



Signing at playtime allows us to:

- Present language with vocabulary that captivates our little ones by identifying toys and objects they like
- Create purpose while enjoying time together
- Boost language acquisition every day

Play is a very important part of baby's day.

HOW TO PRESENT SIGNS AT PLAYTIME



Initiate play time by presenting the sign for PLAY as you transition from another activity.

“We’re all finished changing your diaper, let’s go PLAY! PLAY. Let’s go PLAY on the floor.”

Introduce the sign for TOYS as you bring the toys out. Once playing, you can say and sign the name of toys as you play with them.



SUCCESS TIP

Take notice of which toys your baby naturally gravitates towards and create exciting moments that highlight those toys.

Your baby will already be interested in whatever you have to say about a toy they love. Capitalize on that interest!

Make statements about the toy as you sign it.

"Oh, I see your favorite BALL! BALL. Your BALL, BALL!"



SUCCESS TIP

Use your voice and your body to show excitement as you talk and sign about the toy.

"Where's your DINOSAUR? Peek-a-boo, there's your DINOSAUR!"

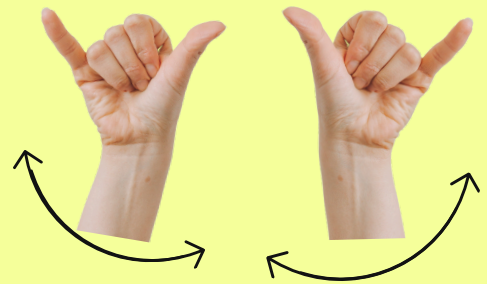
Six signs for PLAYTIME:

- 1. PLAY**
- 2. TOY**
- 3. BALL**
- 4. MY TURN**
- 5. YOUR TURN**

6. SHARE

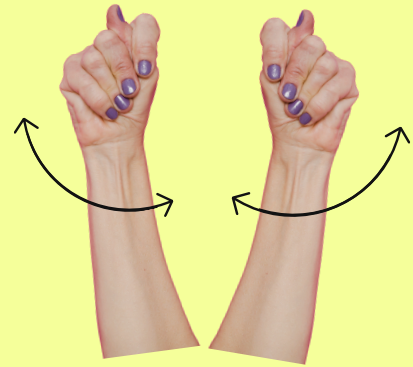
PLAY

Both hands twist in front of the body with pinkies and thumbs extended



TOY

Make 2 fists, then tuck the thumb underneath the index fingers within the fists. Twist both fist hands.



Let's practice with a song:

THIS IS...

This is play, play, play
This is play, play, play
This is play, play, play
This is play, play, play.

This is toy, toy, toy
This is toy, toy, toy
This is toy, toy, toy
This is toy, toy, toy.

BALL

Hold both hands with open, curved fingers in front of the body, like showing the round shape of a ball



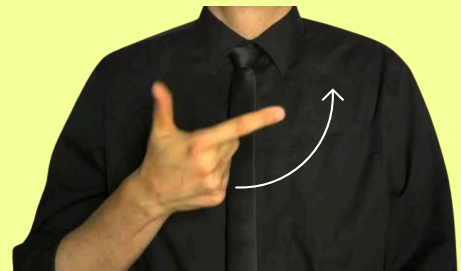
Let's practice with a song:

THIS IS...

This is ball, ball, ball
This is ball, ball, ball
This is ball, ball, ball
This is ball, ball, ball.

MY TURN

With index finger and thumb extended like a letter 'L', bring palm side of hand to lie flat on your chest.



YOUR TURN

With index finger and thumb extended like a letter 'L', bring palm side of hand from your chest out towards other person.





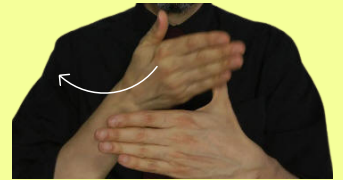
Let's practice with a song:

THE MORE WE GET TOGETHER

The more we play together
Together, together
The more we play together
The happier we'll be
It's your turn then my turn
And your turn then my turn,
The more we get together
The happier we'll be.

SHARE

One flat hand waves back and forth over top of the edge of the other flat hand



Let's practice with a song:

IF YOU'RE HAPPY AND YOU KNOW IT

If you're sharing and you know it
Clap your hands (clap clap)!
If you're sharing and you know it
Clap your hands (clap clap)!
If you're sharing and you know it
And you really want to show it
If you're sharing and you know it
Clap your hands (clap clap)!



Let's practice with a song:

OLD MACDONALD

Old Macdonald had a farm, E I E I O
And on this farm
They played with toys, E I E I O
With a little toy here,
And a little toy there
Here a toy, there a toy
Everywhere some little toys
Old Macdonald had a farm, E I E I O

Make sure to practice our signing songs so you can practice at home with your baby!

See you for our next class:

Signing Towards Sleep

Wednesday, September 10 @ 9:30am CST

Find me again:



hello@signingbabies.ca



[whatsapp chat link](#)



www.signingbabies.ca



[@signingbabies](#)



My First Baby Signs book
www.signingbabies/book

Meet me for weekly classes on kinedu

Mondays	9:30am CST
Wednesdays	9:30am CST
Thursdays	12:30pm CST





***Got a
question?***

Ask me anything at hello@signingbabies.ca

-Lee Ann



Prepared by: Lee Ann Steyns

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