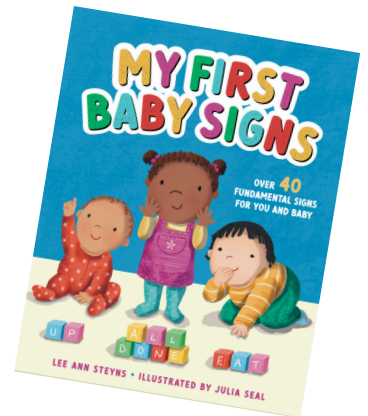


Beginner Baby Signing Course

with **Lee Ann Steyns** on  **kinedu**



I'm Lee Ann!



- Baby Signing expert instructor on Kinedu
- Mom of 2
- Author of [My First Baby Signs](#) book
- Creator and Instructor at Signing Babies
- Former preschool teacher and director of children's programs

In day 3 we covered:

1. Why use signs for routines?
2. Six routine signs
3. How to present signs during routines
4. Songs to practice signs

WHY USE SIGNS FOR ROUTINES?



Using signs for routines allows us to:

- present language with vocabulary that describes our activities
- introduce what's happening next
- create understandable patterns for how we do things

Longterm, we are establishing the foundation for an intentionally language-rich environment. We are making language accessible to them.

**Think
about it...**

Do you always have a BATH after dinner?

Do you always PLAY with toys together on the floor?

Do you always CHANGE DIAPERS after nap time?

These are the patterns your little one will get to understand and respond to, these are your **daily routines**.

We can tell our little ones what's happening next and share language around these routines.

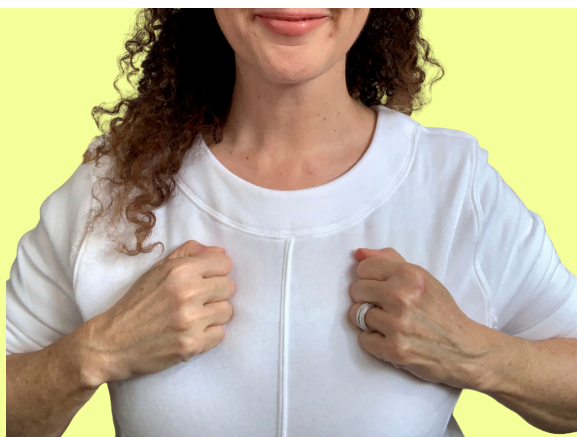
BONUS: *We'll also be setting the foundation for them always looking to us for directions and information.*

Six signs for our ROUTINES:

1. **BATH**
2. **PLAY**
3. **CHANGE**
4. **DIAPER**
5. **WASH HANDS**
6. **BRUSH TEETH**

BATH

Both hands in fists rub up
and down the upper chest
a few times



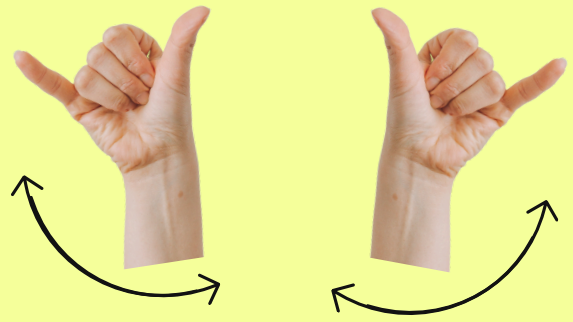
Let's practice with a
song:

THIS IS THE WAY

This is the way we take our bath
Take our bath, take our bath
This is the way we take our bath
Together everyday.

PLAY

Both hands twist
in front of the body with
pinkies and thumbs extended



Let's practice with a
song:

5 LITTLE DUCKS

Five little ducks went out to play
Over the waves and far, far away
Nice mommy duck said
Quack, quack, quack!
But four little ducks came
swimming back.

CHANGE

Stack both hands in fists with one
on top of the other, then switch to
put the other fist on top.



DIAPER

Hold both hands at the waist with
index & middle fingers tapping to
the thumb.





Let's practice with a
song:

CHANGING DIAPERS

Tune of Frère Jacques
Changing diapers, Changing diapers
Lots of fun, lots of fun
There's a little stinky, There's a little
stinky
Time to clean your bum,
Time to clean your bum.

WASH HANDS

Move hands in a motion over
and under each other, like
washing hands under the tap



Let's practice with a
song:

THIS IS THE WAY

This is the way we wash our hands
Wash our hands, wash our hands
This is the way we wash our hands
Together everyday.

BRUSH TEETH

Hold extended index finger in front of the open mouth and move side to side, like brushing with a toothbrush



Let's practice with a song:

THIS IS THE WAY

This is the way we brush our teeth
Brush our teeth, brush our teeth
This is the way we brush our teeth
Together everyday.

HOW TO PRESENT ROUTINE SIGNS

Before you transition to a new activity, decide what's happening and consider the sign that corresponds to that activity, then present it to baby.

Remember our 3-part system for presenting signs:



SAY IT



SIGN IT



DO IT

EXAMPLE:

Say, “*It’s time for your BATH, let’s go have a BATH*” as you sign BATH.

Then head to the bath tub to begin your bath time.

With repetition, baby will begin to understand what happens when they see you sign and hear you say ‘BATH’.



SUCCESS TIP

Sing a certain song only at certain routines.

Your baby will start to connect that song to the activity and will anticipate what’s happening.

Make sure to practice our signing songs so you can practice at home with your baby!

See you for our next class:

Signs for Mealtime

Wednesday, August 27 @ 9:30am CST

Find me again:



hello@signingbabies.ca



[whatsapp chat link](#)



www.signingbabies.ca



[@signingbabies](#)



My First Baby Signs book
www.signingbabies/book



***Got a
question?***

Ask me anything at hello@signingbabies.ca

-Lee Ann



